

# Cambridge National: Child Development

## Skills for adult life

The Social Health department aims to provide students with the skills and knowledge required to work and live as a valuable member of society. We aim to ensure that our students can work within the constructs of both social work and health based settings. We aim to nurture an interest in caring skills whilst developing sound communication and presentation skills.

Pursuing the skills to empathise and see different viewpoints in relation to key issues in modern society. Our students will become independent learners who are able to meet the challenges of an ever changing world.

Autumn	Spring	Summer
R058 – Creating a safe environment and understand the nutritional needs of children from one to 5 years	R058 – Creating a safe environment and understand the nutritional needs of children from one to 5 years	R057 – Health and well-being of a child
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Students will be required to complete one 30 minute piece of homework every week as appropriate. Homework will consist of a variety of different tasks, for example: revision, spelling/definitions, research tasks, preparations and research for controlled assessments, exam questions and real world applications including watching TV programs and reading magazines/books.

It may include the continuation of coursework or to catch up on work which can be supported at dinners and after school. For R020 it will include working with a child under 5 years. Homework set will be recorded by the teacher on Edulink and also in their own records.

Unit	Duration (lessons)	Learning Objectives/Outcomes
R058 – Creating a safe environment and understand the nutritional needs of children from one to 5 years	40	This unit will allow learners to investigate the different equipment and nutritional requirements of children from birth to five years. On completion of this unit, learners will be able to apply their knowledge and understanding, through a practical activity, to show how the needs are met to promote the well-being and development of the child.
R057 – Health and well-being of a child	40	<p>Becoming a parent is one of life’s major experiences, and it is also one of life’s major responsibilities. Responsibility for the well-being of a child starts before conception and this unit aims to provide learners with an overview of the roles and responsibilities of parenthood alongside an understanding of reproduction and pre-conceptual, antenatal and postnatal care.</p> <p>This unit is split into 5 learning outcomes.</p> <ul style="list-style-type: none"> <li>Understand reproduction and the roles and responsibilities of parenthood</li> <li>Understand antenatal care and preparation for birth</li> <li>Understand postnatal checks, postnatal provision and conditions for development</li> <li>Understand how to recognise, manage and prevent childhood illnesses</li> <li>Know about child safety</li> </ul>