

## Option – TEAM BYRCHALL – Sport for Life

### **BTEC First in Sport Award**



This counts as 1 option choice.

Member of Staff Responsible: Mr M Gregory

#### ***EXAMINATIONS***

Board – Edexcel

#### **1 Unit Assessed via Examination**

A 60 min exam taken in year 11 on Fitness and Performance in Sport and Exercise.

#### **3 Units Assessed via Coursework**

Coursework throughout each unit. Written coursework must be submitted at end of each unit. 3 units will be studied over the year of the course.

#### ***SPECIFICATION***

Over the course students will study 4 units. They must pass all units to gain the BTEC Certificate qualification. The units will focus on 4 of the following 5 the following areas:

Fitness and Performance in Sport and Exercise (exam assessed)

Practical Sport Performance (coursework assessed)

The Sports Performer in Action (coursework assessed)

Leading Sports Activities (coursework assessed)

**Or** Training for Sports Performance (coursework assessed)

You will also study essential skills including application of number, communication and IT.

***Practical Lessons*** – Students will study a number of sports in the practical lessons - these could include, Hockey, Netball, Football, Basketball, Rugby League, Badminton, Athletics, Rounders, Table Tennis, Trampolining and Fitness.

As Students also have a core PE lesson (all KS4 Students) every week, it is expected that they will use this lesson to complement the practical work in the BTEC course. Students need to be able to offer 2 sports to a good standard by the end of the practical module. They will also have to complete a logbook on performance in these sports. Attendance at school clubs would support student work in this area.

***Theory / Coursework*** – covers the module titles as shown above. Lessons will involve planning, completing and evaluating work covered in each unit. It will require students to submit a number of pieces of coursework throughout each unit under guidance of the PE staff.

#### ***HOMEWORK***

Homework will be set each week during the course. Students will be expected to complete tasks set by the PE staff. They may also be required to plan, complete or evaluate coursework as requested. Students are advised that a high level of organisation will be needed to complete all coursework tasks to deadline.

Should students / parents require further guidance on PE options or the BTEC course it is advised that they see PE staff.

#### ***WHERE WILL THIS QUALIFICATION TAKE ME?***

##### ***Employment opportunities***

Following completion of the BTEC First Certificate in Sport, successful candidates would be able to enter initial employment as, for example, leisure centre assistant.

##### ***Further vocational and academic qualifications***

The achievement of the BTEC Award has the equivalence of 1 GCSEs graded A\*-C. If you achieve an overall pass grade or better, it is possible to enrol on another Level 2 programme, such as a relevant NVQ, or to move on to a higher level qualification such as a Level 3 BTEC National Certificate in Sport. Furthermore it can lead to college / university level qualifications.