

OPTION

PHYSICAL EDUCATION GCSE

Member of Staff Responsible: Mr R Williams

EXAMINATIONS

GCSE Board – Edexcel

- Written Examination - 40% (1 1/2 hr exam)
- Practical Examination - 48% (4 sports over 2 day exam – though marks are decided prior to this via continual assessment over the course)
- Analysis of Performance Coursework- 12% (interview on 1 chosen sport / 1 piece of coursework).



SPECIFICATION

4 Lessons per week – 2 practical and 2 theory.

Practical Lessons – in blocks of approximately 6 lessons, Students cover 8 to 10 sports over the year. These include, Hockey, Netball, Football, Basketball, Rugby League, Badminton, Athletics, Rounders, Table Tennis, Trampolining and Fitness.

As Students also have a core PE lesson every week it is expected that they will use this to be assessed for practical activities that they may offer for the exam.

Additionally, students may also opt to take activities played out of school. Activities in previous years have included Skiing, Canoeing, Golf and Karate. **Students wishing to do this should discuss with the PE Team as soon as they start the course.**

Students need to be able to offer 4 sports to a good standard by the end of the course. **Attendance at school clubs is vital to improve grades.**

Theory – covers Human Biology, Physical Fitness, Training for Sport and Safety in Sport. This work is assessed via a 1 1/2 hr exam at the end of the course.

Analysis of Performance – Students must choose 1 of their chosen sports and answer questions regarding tactics, rules, technique and training. This is assessed via a 1-to-1 interview with a member of the PE team (this may be repeated on practical exam days). Additionally, Students must submit **1 piece of coursework** during the course. This takes the form of a personal exercise plan (PEP) which is personal and based around their chosen analysis sport. This coursework is undertaken in the spring term.

COURSEWORK

Practical Sports worth 25% of final grade (as highlighted above). Candidates must select 4 sports. Coursework is continuously marked throughout.

Analysis of Performance worth 12% is assessed in Year 11.

Personal Exercise Programme (PEP) contributing to analysis mark undertaken in the Autumn Term.

HOMEWORK

Homework is set after every theory lesson (2 times a week). Homework consists of revision tasks, research, questions from textbooks, teacher set questions and worksheets. All homework should be written in planners. Homework is set to benefit Students and should be handed in on time consistently.

Should students / parents require further guidance on PE options or the GCSE course it is advised that they see PE staff.