

Year 9 Child Development Overview

Unit	Duration (lessons)	Learning Objectives/Outcomes
Health and well-being for child development	26	<p>Becoming a parent is one of life's major experiences, and it is also one of life's major responsibilities. Responsibility for the well-being of a child starts before conception and this unit aims to provide learners with an overview of the roles and responsibilities of parenthood alongside an understanding of reproduction and pre-conceptual, antenatal and postnatal care.</p> <p>This unit is taught mainly in year 10 but some is delivered in year 9 to gain an understanding of ability within the group.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • The wide range of factors which affect the decision to have children • Pre-conception health • Roles and responsibilities of parenthood • The structure and function of male and female reproductive systems • Pregnancy • How to create a safe, child-friendly environment
Understand the equipment and nutritional needs of children from birth to five years	30 hour teacher input 10 hour controlled assessment	<p>This unit will allow learners to investigate the different equipment and nutritional requirements of children from birth to five years. On completion of this unit, learners will be able to apply their knowledge and understanding, through a practical activity, to show how the needs are met to promote the well-being and development of the child.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Key equipment to be considered for babies from birth to 12 months • Key factors to consider when choosing equipment for babies from birth to 12 months • Key equipment to be considered for children from one to five years • Key factors to consider when choosing equipment for children from one to five years • Current government dietary guidelines • The functions and sources of nutrients • Nutritional requirements for stages of feeding • How to investigate feeding solutions • How to develop feeding solutions for babies aged 0 to 6 months • How to develop feeding solutions for babies aged 6 to 12 months • How to develop feeding solutions for children aged 1 to 5 years • How to evaluate feeding solutions